BRIDGING THE GAP LIFE COACHING AND ADVOCACY

MINOR CLIENT INTAKE FORM

“Be Seen. Be Heard. Become.”

This intake has two parts: a Parent/Guardian section and a Young Person section. The purpose is to help create a supportive coaching experience while giving the young person an opportunity to be seen, heard, and understood.

PART I — PARENT/GUARDIAN

Parent/Guardian Full Name: _____

Relationship to Child: _____ Preferred Name: _____

Phone: _____

Email: _____

Minor’s Full Legal Name: _____

Minor’s Preferred Name: _____ Date of Birth: _____

Grade: _____ School: _____

What led you to seek coaching for your child at this time?

_____

_____

What strengths do you see in your child? _____

_____

What concerns or challenges would you like coaching to address?

_____

_____

What changes would you most like to see over the next 3–6 months?

_____

_____

What has helped your child in the past? _____

What approaches tend not to work well for your child?

_____

Who are the important/supportive adults in your child’s life?

_____

AREAS OF SUPPORT

☐ Confidence / self-esteem

☐ Communication

☐ Making friends / social skills

☐ Boundaries

☐ Self-advocacy

☐ School motivation

☐ Organization

☐ Time management

☐ Decision-making

☐ Life transitions

☐ Family communication

☐ Goal-setting / accountability

☐ Other: _____

FAITH & PRAYER

Bridging The Gap is Christian, faith-based coaching. With parent/guardian consent and the child's comfort, sessions may incorporate prayer, Scripture, biblical principles, and faith-based encouragement.

Parent/Guardian preference:

☐ Prayer before/after each session is welcomed

☐ Faith-based coaching is welcomed

☐ Scripture/biblical principles are welcomed

☐ Please discuss faith only when appropriate/requested

☐ Please contact me if questions arise regarding faith-based content

Anything else you want the coach to understand about your child?

_____

_____

PART II — YOUNG PERSON

This part is for YOU. There are no perfect answers. You can be honest. This is a judgment-free space.

What do you like to be called? _____

Tell me a little about yourself. What do you enjoy? _____

_____

What are you really good at? _____

What are you proud of yourself for? _____

What is something you wish people understood about you?

_____

_____

What made you agree to coaching / what do you hope coaching can help with?

_____

_____

What has been hard for you lately? _____

_____

If you could change one thing in your life right now, what would it be?

_____

HOW DO YOU WANT YOUR COACH TO SUPPORT YOU?

☐ Listen without judging me

☐ Help me figure things out

☐ Help me speak up for myself

☐ Give me practical ideas

☐ Help me set goals

☐ Hold me accountable

☐ Encourage me

☐ Help me build confidence

☐ Pray with/for me

☐ Let me talk without trying to fix everything

☐ Other: _____

FAITH & PRAYER — YOUR VOICE MATTERS

How do you feel about prayer or talking about God during coaching?

☐ I would like prayer

☐ I am comfortable with prayer

☐ I would like to decide session by session

☐ I have questions about faith/prayer

☐ I would prefer not to include prayer

Is there anything you want your coach to know about your faith, beliefs, or questions?

_____

What is one goal you would like to work toward? _____

Anything else you want me to know about you? _____

_____

ACKNOWLEDGMENT

Parent/Guardian: I have provided the information above to the best of my ability and understand that the minor's voice and participation are important to the coaching process.

Parent/Guardian Signature: _____ Date: _____

Young Person: I understand that coaching is a space where I can share, ask questions, and work toward my goals. I understand that safety concerns may need to be shared with a parent/guardian or appropriate adult.

Young Person Signature: _____ Date: _____

Coach Signature: _____ Date: _____